



LOUISBURG  
COLLEGE

LOUISBURG COLLEGE HOSTS

# 2019 HEALTH FAIR & FLU SHOT CLINIC

Flu Shots

Vendors

Classes &  
Demonstrations

Raffle Prizes

*Louisburg College Students, Faculty & Staff  
Please join us for this campuswide event*

**OCTOBER 16, 2019**

**11AM - 2PM**

**JONES PERFORMING ARTS CENTER - JPAC**

**Live Demonstrations & Mini Classes Available to All:**

- 11:00AM - 11:55AM - Self Defense & Martial Arts (Demonstration)
- 12PM - 12:30PM - Cardio Dance Class w/ Ryan McMullen (Class)
- 12:35PM - Louisburg College Dance Company (Performance)
- 12:40PM - 1:10PM - Meditation w/ Adaptive Modalities (Class)



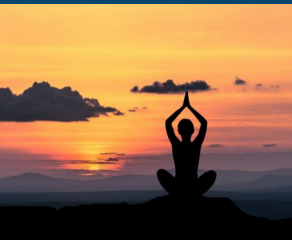
# LIVE A HEALTHY LIFE!

*Healthy living starts here!*

Here are some of the participating organizations:

- Adaptive Modalities & Massage
  - BJ's Wholesale
  - CORA Physical Therapy
  - doTERRA Essential Oils
  - FastPark and Relax
- Franklin County Health Department
- Harris Teeter (Providing our Flu Shot Clinic)
- Impact Healthcare/Urgent Care
  - Lemongrass Spa Products
  - Liberty Mutual Insurance
  - Louisburg Family Dentistry
    - Louisburg Nutrition
  - Mariah Parham Hospital
  - Purologix Water Service, Inc.
- United Way of Franklin County

**Vendors will be in the JPAC from 11AM to 2PM**  
**(including Flu Shot Clinic)**



Do you have questions regarding this event?

Contact Tamra Smith - Louisburg College Human Resources  
tsmith@louisburg.edu or 919-497-3309