



# 2009-2010

# Louisburg College Cheerleading

## Information Meeting for Interested Students

- Tuesday, August 18<sup>th</sup> from 5:15-6:00 PM in the Multi Purpose Room

## Try-Outs

- Will be held on Wednesday, August 19<sup>th</sup> and Thursday, August 20<sup>th</sup> from 5:30-7:30 AND Friday, August 21<sup>st</sup> from 5:30 until try-outs are completed.
- You **MUST** have a **COMPLETED** physical on file before the first day of try-outs in order to participate.
- **NO PHYSICAL = NO TRY-OUTS! NO EXCEPTIONS!**
- **GUIDELINES TRY-OUTS:** (Points will be lost during Try-Outs if all guidelines below are not followed)
  - **LEAVE YOUR JEWELRY AT HOME**
  - Wear athletic shorts, a plain colored T-shirt or tank, sports bra, socks, and athletic shoes each day. Spirit colors are encouraged!
  - **TIGHT/REVEALING CLOTHING IS NOT ALLOWED! You will be asked to leave.**
  - Hair **MUST BE** in a **TIGHT** ponytail. For those with extremely short hair, please have hair half up/half down. It **MUST** be out of your face.
- **Camp and Try-outs are CLOSED events - - no parents, family, or friends will be allowed to attend.** You will be judged on your knowledge and performance of the following (which will be learned at camp):
  - Basic Motions, Spirit, and Voice Projection
  - 1 Cheer
  - 1 Chant
  - 1 Dance
  - Jumps
  - Tumbling
- If you make the squad, there will be some expenses. Items to buy include a crop top, bloomers, shoes, ribbon, poms, bag, squad t-shirts/shorts, and warm-up. This is a one-time expense and the cost is due before items are distributed. If we attend competition, we will have a custom choreographer design our routine; therefore an additional fee is possible. Fundraising opportunities are possible through-out the season.

Contact Nikki Pilson ([npilson@louisburg.edu](mailto:npilson@louisburg.edu), 919-497-3228) for additional information



**Why do you want to be a Hurricanes' Cheerleader? What important qualities do you possess that would benefit the Louisburg College cheerleading squad?**

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**How do you see yourself balancing school, extra-curricular activities, and a social life with cheerleading?**

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**What do you believe is the role of a Hurricanes' Cheerleader? How can we increase SCHOOL SPIRIT and SUPPORT?**

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**NOTICE:** *Cheerleading at LC does require a significant **time commitment**. Practices will be held at least three times a week for two or three hours and game schedules vary throughout Football and Basketball season, having anywhere from one to three games a week. As part of the LC cheerleading squad, you will be required to attend all practices, games, and fundraising activities.*

**Please initial after each statement below:**

I know and understand the dedication and commitment that is involved in being a cheerleader for Louisburg College (August-May), should I make the squad. \_\_\_\_\_

I know and understand that a positive attitude is required. There is no room disrespectful or inappropriate behavior at try-outs or on the squad. \_\_\_\_\_

I am prepared to fulfill all obligations as a cheerleader for Louisburg College, should I make the squad. \_\_\_\_\_

I certify that all information I have provided in this application packet is true and correct. If provided information is untrue, I understand that I will be removed from try-outs and/or the squad. \_\_\_\_\_

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*Signature of Applicant having read and understood the above notice*